

FAMILY CAMP 2026 MENU

	7/27 MONDAY	7/28 TUESDAY
BREAKFAST	SCRAMBLED EGGS GF & DF TURKEY BREAKFAST SAUSAGE GF & DF ARUGULA, TOMATO, RED ONION, CAPERS GF & V ASSORTED BAGELS & ENGLISH MUFFINS DF CREAM CHEESE TOAST & CEREAL YOGURT, FRESH FRUIT, GRANOLA	BACON, EGG & CHEESE BITES GF HARD BOILED EGGS GF & DF HOME FRIES GF & V HOMEMADE BLUEBERRY COFFEE CAKE TOAST & CEREAL YOGURT, FRESH FRUIT, GRANOLA
LUNCH	SALAD, SOUP & SANDWICH BAR TOMATO BASIL BISQUE GF GRILLED CHEESE SANDWICHES HAM & CHEESE SANDWICHES HOMEMADE POTATO CHIPS GREENS, TOMATO, ONION, PICKLED BEETS GF & V	PITTSBURGH SALAD BAR HARD BOILED EGGS, SHREDDED PROVOLONE GF GRILLED CHICKEN GF FRIED CHICKEN TENDERS FRENCH FRIES V GREENS, TOMATO, ONION, BANANA PEPPERS GF
DINNER	BBQ CHICKEN BREAST GF & DF RED BEANS & RICE GF & V ROASTED SWEET POTATOES GF & V BRAISED GREENS GF & V HOMEMADE CORNBREAD	GROUND BEEF TACOS CORN TORTILLAS GF & V FLOUR TORTILLAS V BLACK BEANS & CORN GF & V SHREDDED CHEESE, SOUR CREAM TORTILLA CHIPS & SALSA GF & V
	7/29 WEDNESDAY	7/30 THURSDAY
BREAKFAST	SCRAMBLED EGGS GF & DF HASH BROWNS GF & V SAUSAGE GRAVY HOMEMADE BISCUITS TOAST & CEREAL YOGURT, FRESH FRUIT, GRANOLA	SCRAMBLED EGGS GF & DF BACON GF & DF APPLE CINNAMON OATMEAL GF & V SYRUP, BERRIES GF & V BELGIAN WAFFLES TOAST & CEREAL YOGURT, FRESH FRUIT, GRANOLA
LUNCH	SALAD & SANDWICH BAR GREENS, TOMATO, ONION, CUCUMBER GF & V HAM, TURKEY, SALAMI, CHEDDAR, PROVOLONE WHITE BREAD, WHEAT BREAD, MARBLE RYE HOMEMADE POTATO CHIPS V	CHEESE PIZZA & PEPPERONI PIZZA CAESAR SALAD BAR ROMAINE, ARUGULA, TOMATO, CROUTON, PARM ANTIPASTO SALAD GF THREE BEAN SALAD GF & V
DINNER	ROAST CHICKEN ON THE BONE GF & DF ZUCCHINI & SQUASH GF & V BEANS & GREENS GF & V MAC & CHEESE LOCAL FRIENDSHIP FARMS ITALIAN BREAD V	BEEF POT ROAST GF & DF CARROTS, YELLOW & GREEN BEANS GF & V MASHED POTATOES & BEEF GRAVY GF LOCAL MUSHROOMS & SPINACH GF & V LOCAL FRIENDSHIP FARMS DINNER ROLLS V
BREAKFAST	7/3 FRIDAY FLOUR TORTILLAS V SCRAMBLED EGGS GF & DF LOCAL CHORIZO, HASH BROWNS GF & DF PEPPERS & ONIONS GF & V SALSA, SOUR CREAM, SHREDDED CHEDDAR GF YOGURT, FRESH FRUIT, GRANOLA TOAST & CEREAL	GF = GLUTEN FREE DF = DAIRY FREE V = VEGAN A SALAD BAR AND DESSERT WILL BE AVAILABLE WITH ALL LUNCHEES AND DINNERS. EMAIL SCRIPTURALSTUDYCAMP@GMAIL.COM FOR NUTRITION INFORMATION OR QUESTIONS